

# Creative & Therapeutic Approaches



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## ● **Art-Based Interventions**

*Through engaging, hands-on activities, children learn to process their emotions, improve focus, and develop problem-solving skills.*

## ● **Teaching Emotional Intelligence Through Creativity**

*Help your child identify, understand, and express their feelings in healthy ways by using creative tools like drawing, painting, storytelling, and crafting.*

## ● **Enhancing Communication & Connection**

*Art provides a non-verbal platform for children to share their inner world. Parents and caregivers can use these tools to strengthen bonds and build trust.*

## ● **Self-Expression & Conflict Resolution**

*Equip your child with skills to express their needs, resolve conflicts, and navigate social dynamics—all through the lens of creativity.*

## ● **Creative Paths to Change**

*Whether it's overcoming behavioral challenges or finding new ways to connect as a family, creativity opens doors to transformative growth and understanding.*



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