



# Child Behavior Solutions



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## **Who is This Program For?**

*This program is designed for parents, caregivers, and educators who are ready to take a proactive approach to behavior management. If you're feeling overwhelmed by tantrums, resistance, or unpredictable behaviors and need tools to create a structured and supportive environment, this program is for you.*

### ***Ideal Participants:***

- *Parents of children ages 2–10 navigating challenging behaviors.*
- *Caregivers seeking tools to teach emotional regulation and routine.*
- *Teachers looking for practical resources to manage classroom behavior.*
- *Anyone who wants to build a consistent, calm, and rewarding dynamic for children.*



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## ● **Identify the Pain Points**

- We begin by understanding your unique challenges.
- Are you struggling with morning routines?
- Is your child resisting boundaries or expectations?
- Are tantrums or emotional outbursts draining your energy?

This step helps us pinpoint the specific behaviors to address and matches you with the right resources.

## ● **Learn About the Tools**

Explore the comprehensive tools available in this program, each designed to target specific behavior challenges.

- *Behavior Charts:* Set clear expectations with easy-to-follow visuals.
- *Chat Jars:* Foster communication with open-ended prompts to understand your child better.
- *Emotion Charts:* Help your child identify and express feelings appropriately.
- *Behavior Trackers:* Monitor patterns to discover triggers and trends.
- *Routine Charts:* Establish consistent schedules to reduce resistance and anxiety.
- *Reward Coupons:* Encourage positive behavior with fun, motivating incentives.
- *Social Stories:* Guide children through social scenarios to build understanding and empathy.

## ● **Customize Resources for Your Needs**

One size does not fit all, so each tool is fully customizable to your family or classroom dynamic.

- Choose designs that appeal to your child.
- Adapt behavior and routine charts to fit your lifestyle.
- Include your child in the creation process to increase buy-in and excitement.

## ● **Implement with Intention**

Set yourself up for success with a clear rollout plan.

- Start small by introducing 1–2 tools at a time.
- Use consistent language and expectations when presenting tools.
- Celebrate small wins to keep the momentum going.

## ● **Adjust and Monitor**

Behavior management is an evolving process.

- Use *Behavior Trackers* to identify patterns and refine strategies.
- Reassess goals as your child grows and adapts to the tools.
- Stay consistent but flexible—children thrive when they know the rules yet feel understood.

## ● **Celebrate the Wins**

By the end of the program, you'll have:

- A calmer and more structured environment.
- Children who feel empowered, not overwhelmed.
- Effective communication and behavior tools that become part of your daily life.

Watch as your child gains independence, self-regulation skills, and a sense of achievement!

